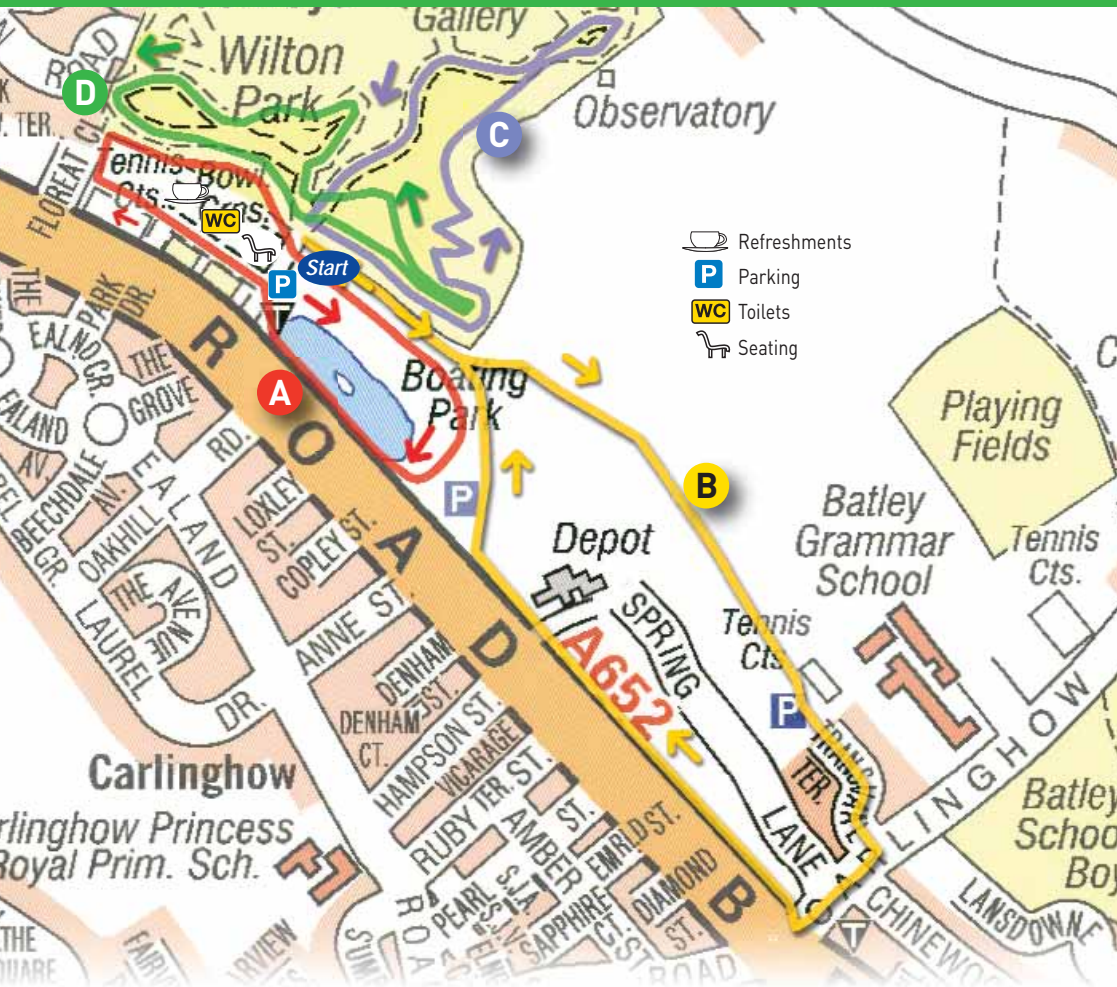


# Batley Pathways to Health

## Walk 1: Wilton Park Walks

Walk A: 20-30 mins, walk B: 30-40 mins, walks C & D: 50 mins, all approx times

Path type: B4



**Path type:** refers to the letter and number in the top corner of each walk card. This describes the most difficult part of the walk in dry weather. The rest of the walk will be easier.

**Surface Quality - B: Short even grass, compact dolomite, compact earth or similar**

**Gradient - 4: Fairly Steep: Up to 1:12**

## Walk 1: Wilton Park

**Duration:** Path 1: 20 mins, path 2: 30 mins, path 3 & 4: 50 mins (all approx times).

**Start Point:** Tunnel and facing the main gates.

From the park gates, walk towards the car parks, where a tunnel goes under the old railway line, which is now a footpath and cycleway. With your back to the tunnel and facing the main gates, you have 4 options,

**Walk A.** Walk towards park gates. Halfway there, see a round flower- bed. Turn right and follow path around bowling greens and tennis courts. Turn left and left again, back to main gates and then left back to round flower- bed. Now turn right with lake on your right, walk down to and around children's playground. Keep lake on your right, and walk back to main gates, and right back towards car park.

**Walk B.** Turn left through car park and follow path to where a short path on your left leads to the old railway line. Here turn right and follow path to metal gate, which leads to Transvale Terrace (near nursing home). Go down here and turn right down Carlinghow Hill to Bradford Rd. Turn right again and walk on pavement to car park of 'The Park ' hotel and restaurant. Go through car-park and turn left through to children's playground. Take any path around lake, back to start.

**Walk C.** Start as previous walk, until you reach the old railway line (cycle way, footpath) Turn left, and immediately notice wooden signs which indicate a more gentle path to Bagshaw Museum. Follow these signs and footpaths. NB. Some of these paths are steep with handrails, and there are steps. From the museum take one of the paths downhill to tunnel under railway. And back to start.

**Walk D.** Start as previous 2 walks, until you reach old railway line. Turn left, then fork right just past wooden signpost to Bagshaw Museum. Follow this path which eventually bends left down towards tunnel. Turn right and follow path, keeping always to lowest path, until you see a bridge. Go up the steps on the right of the bridge. Cross the bridge turn right then first left. Keep to this path which eventually reaches a wall, Turn left downhill to flat grassy area (A path from here goes downhill to Tennis courts.) Turn left from grassy area, this goes back to old railway line, and above the tunnel (park can be seen on you right, and steps lead down to car park) Keep on the main path until you reach the place where you came onto the path. Turn right and follow path to start.

The more able walker could explore the many other paths around the wooded area.

For more information about **Walking Your Way to Health**,  
Physical Activity Development Team on 01484 234095.

