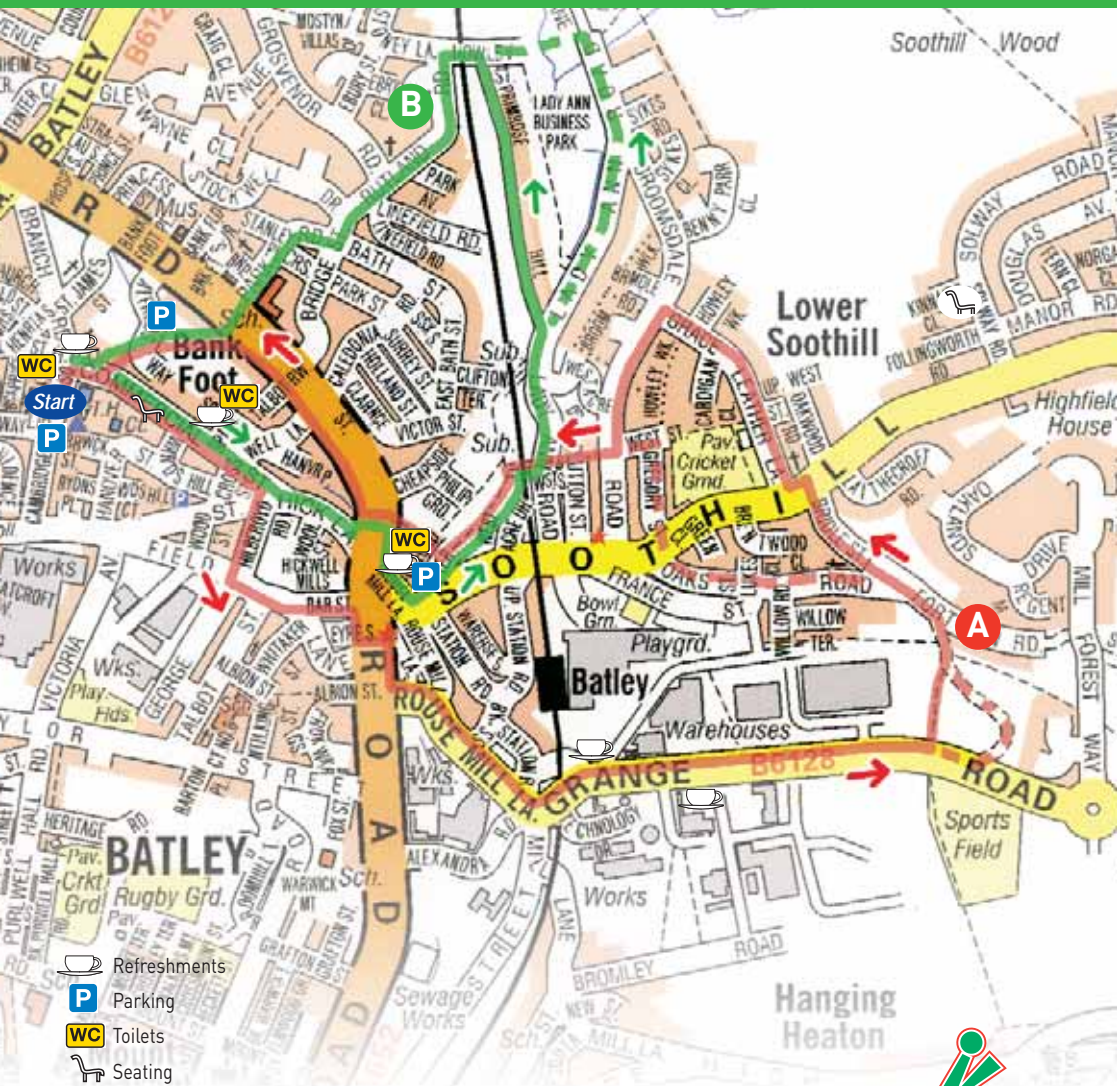


Newsome Pathways to Health

Walk 4: A walk across the railway tracks

Walk A: 50 mins approx, walk B: 60 mins approx.

Path type: B3



Walk 4: A walk across the railway tracks

Duration: Walk A 50 mins approx. Walk B 60 mins approx.

Start point: The Market Place.

Walk A With your back to the Market Place, turn right along Commercial St. past the supermarket on your left, to Hick Lane. Turn right and immediately cross road to Hilberoyd Rd. and walk downhill to Field Lane and turn left. Turn left again down Bar St. to main Bradford Rd. Turn right and cross at pedestrian crossing, and then left onto Rouse Mill Lane. Follow this lane to roundabout. Turn left under viaduct, walk 500 metres up Grange Rd. to footpath sign on left (Kirklees Way.) walk up grassy path (take care in wet weather) to 20 steps. At top turn left on track to Fort Ann Rd. Turn left and then fork right up steep, rough Bridle St. to Soothill Lane. Turn left then immediate right along Grace Leather Lane. At the junction with Broomsdale Rd. turn left. Walk along here past the Mosque, then turn right down footpath to tunnel under railway line. Under tunnel follow path to car park of shopping village. Turn right, and cross small footbridge over beck and turn left to leave car park by main entrance. Turn right and cross at crossing. Turn right until you reach steps on left up to supermarket car park. Go across car park and through shopping centre or to the top right of the car park back to Market Place.

Walk B From the Market Place turn right and walk along Commercial St. (supermarket on your left) past the shops and turn left down Hick Lane to traffic lights. Turn left to pedestrian crossing, cross, then turn right back to traffic lights. Behind the Victoria public house, across the car park, there are 2 footpath signs. Take the path uphill (has metal railings on left) to tunnel under railway. Turn left down Lady Ann Rd. At the bottom fork left up Primrose Hill to top. Turn left and cross railway line (the gate will not open when train is due). Turn left along Rutland Rd. This road bends right and passes the church on your right. Turn right and follow Park Rd. downhill to the main Bradford Rd. Look for pedestrian crossing and cross to supermarket car park. Go through the shopping centre, or to top right of car park to Commercial St. and the Market Place.

Alternative: A harder walk for those with more stamina. Follow Lady Ann Rd. past Primrose Hill and keeping the stream to your left go past the business site onto an ash track. Look for footpath on left which crosses small bridge across stream (this can be slippery in wet weather). The path is quite rough here. Go up the steep (1:10) Howley St. to railway line and then continue as previous walk.

Path type: refers to the letter and number in the top corner of each walk card. This describes the most difficult part of the walk in dry weather. The rest of the walk will be easier.

Surface Quality - B: Quite smooth: Compact gravel, tarmac, paving or similar

Gradient - 3: Fairly steep: Up to 1:12

For more information about **Walking Your Way to Health**, contact the Physical Activity Development Team on 01484 234095.