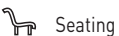
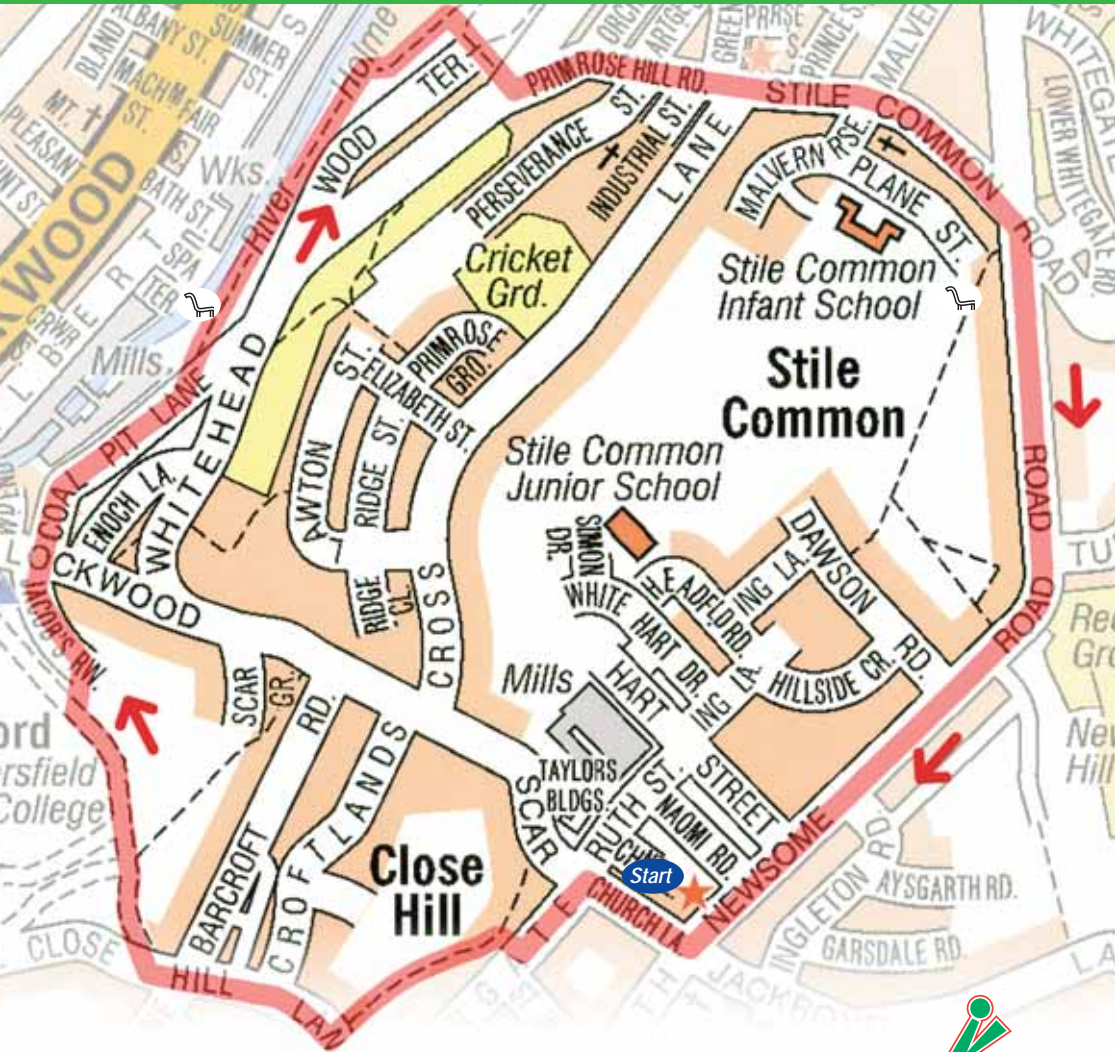


Newsome Pathways to Health

Walk 4: Salford Village Green and the Riverside Way

60 mins approx. Path type: C5



Seating



Walk 4: Salford Village Green and the Riverside Way

Duration: 60 mins approx.

Start point: Newsome Health Centre, Church Lane.

Starting at the Health Centre cross Church Lane onto Towngate. After approximately 75 metres look for a footpath sign to Bluebell Hill on the right side of the road. Take this path as it descends steeply and passes through a metal barrier to emerge onto Cross Hill Lane.

Turn right and continue downhill, after passing a telephone box on the right take a broad footpath heading downhill past two metal posts. Continue straight ahead at a junction of paths marked with a lamppost. Towards the bottom of the hill, at T-junction of paths turn right and then right again. Pass some large rocks at Salford Village Green to emerge onto the road at the bottom of Lockwood Scar.

Cross Lockwood Scar and follow a wooden sign post marked "Riverside Way". Pass alongside a large stone building and the River Holme, until the path emerges on Queens Mill Road. Take the signed footpath to Primrose Hill, heading uphill along a narrow tarmac path. The path steepens and becomes cobbled before meeting Wood Terrace. Continue steeply uphill on cobbles, cross a road and bear to the left on Whitehead Lane.

Walk along the length of this road, passing a convenience store and church, until meeting Newsome Road at a mini-roundabout. From here turn right and prepare for a pull uphill as the road ascends to Newsome village. At the traffic lights turn right to return to the Health Centre.

Path type: refers to the letter and number in the top corner of each walk card. This describes the most difficult part of the walk in dry weather. The rest of the walk will be easier.

Surface Quality - C: Uneven: Less compact stones, occasional ruts and stones. Gradient - 5: Very Steep: Over 1:8

For more information about **Walking Your Way to Health**, contact the Physical Activity Development Team on 01484 234095.