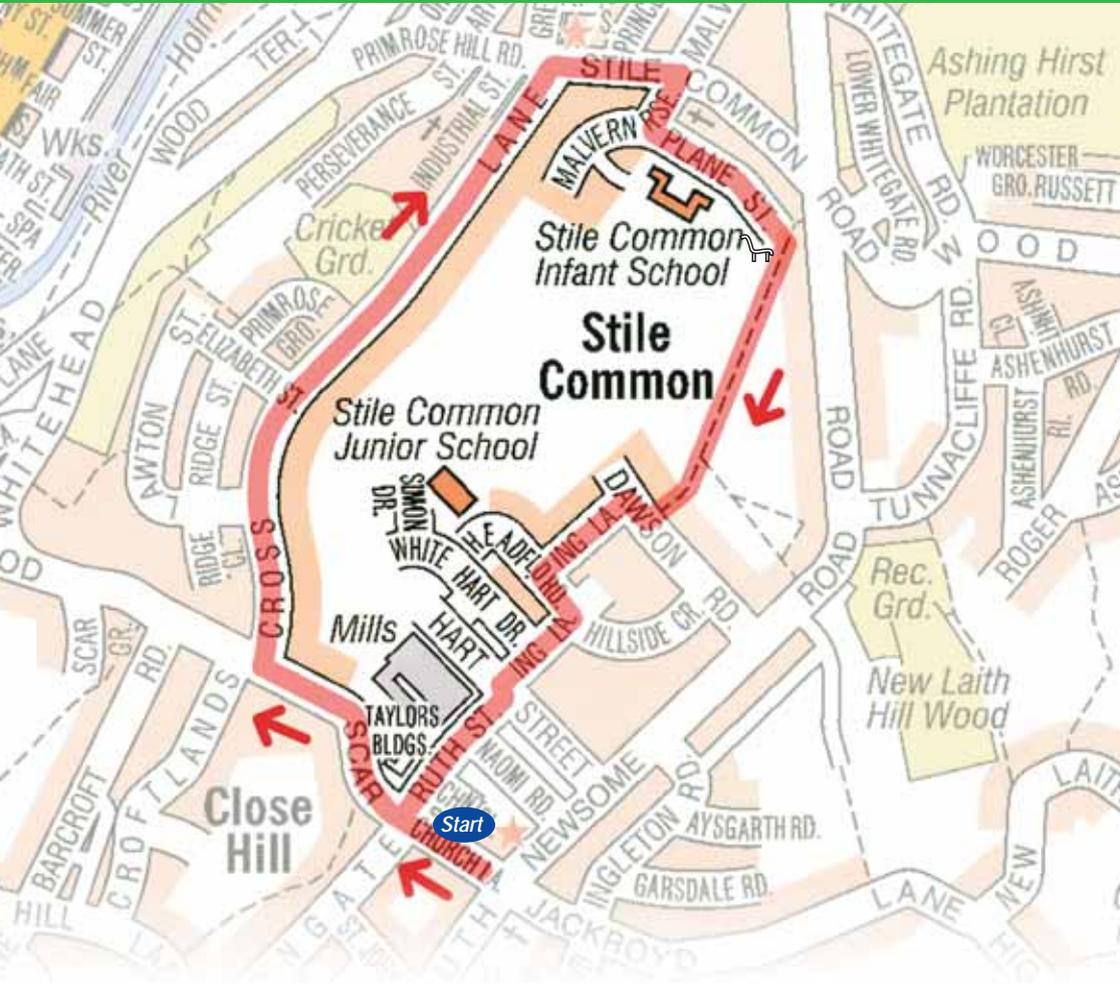


Newsome Pathways to Health

Walk 2: Across Stile Common

40 mins approx

Path type: A3



 Seating

Walk 2: Across Stile Common

Duration: 40 mins approx.

Start point: Newsome Health Centre, Church Lane.

From the Health Centre head along Church Lane in the direction of Lockwood Scar, following the road as it heads steeply downhill. Take Cross Lane which is the first turning on the right. Continue gradually downhill for approximately 800 metres until a T-junction is reached opposite a convenience store.

From this point, turn right, and then take the next right onto Plane Street just before a church. Turn left and pass Stile Common Junior School before joining a footpath at the end of the street. Proceed downhill on this path by a small park with benches. At the junction of paths follow the sign to Newsome Village, walking uphill on a path between metal railings and a wooden fence. Continue along this path passing through 2 metal gates, one at either end of Stile Common.

Eventually this path emerges between two houses onto Dawson Road. From this point head straight across Dawson Road and onto Ing Lane. Follow Ing Lane past "Castle Grange" and around an S-bend until it meets Ruth Street at an offset crossroads behind an old mill. Proceed along Ruth Street back to the Health Centre situated on the corner of Ruth Street and Church Lane.

Path type: refers to the letter and number in the top corner of each walk card. This describes the most difficult part of the walk in dry weather. The rest of the walk will be easier.

Surface Quality - A: Smooth: Tarmac, paving or similar

Gradient - 3: Fairly Steep: Up to 1:12

For more information about **Walking Your Way to Health**, contact the Physical Activity Development Team on 01484 234095.