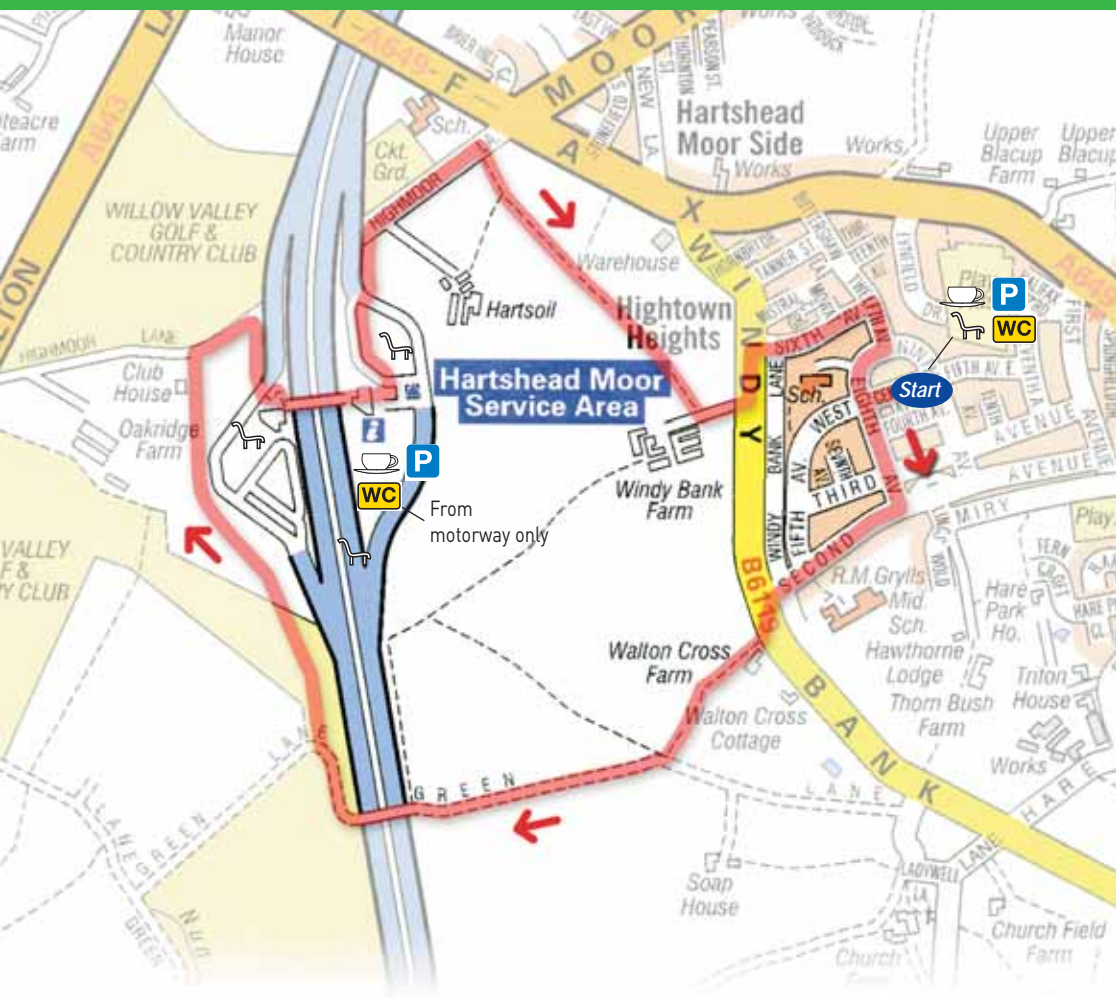


# Windybank Pathways to Health

## Walk 3: Over the Motorway and round the Golf Course

60 mins approx

Path type: C3



## Walk 3: Over the Motorway and round the Golf Course

**Duration:** 60 mins approx.

**Start point:** Windy Bank Community Centre

This walk is best done in dry weather, by people with some stamina.

Facing the Community Centre turn left then left again down 8th Ave. to 2nd Ave. Turn right to Windy Bank Lane. Cross to footpath, and walk past remains of Walton Cross, Turn left round farm then right following path through stile and across the field. Turn left at stile across the top of a field and then right down a wide tarmac path. Pass gas depot on right, path now changes to grass and compact earth and leads to bridge over motorway. Turn right and keep on this path, which runs at the side of the motorway to the golf club house. turn right and follow service road to motorway service station at Hartshead Moor (refreshments toilets and seating available). Cross back over motorway to service centre at other side (steps involved) then turn left, Follow motorway service road uphill to Highmoor Lane (this is steepest part of the walk) Near the top just before the junction with Halifax Rd. A 649. turn right on path between houses. This path is flat and straight across 3 fields with 2 stiles and a gate, to Windy Bank Farm (nice ice cream). Turn left to Windy Bank Lane, and cross road to school. On the left of the school is 6th Ave. At the end turn a few yards down Buttershaw Lane, Then bend right down to 8th Ave. Second left takes you back to Community Centre.

**Path type:** refers to the letter and number in the top corner of each walk card. This describes the most difficult part of the walk in dry weather. The rest of the walk will be easier.

**Surface Quality - Less compact stones, with ruts and grass.**

**Gradient Fairly Steep: Up to 1:12**

For more information about **Walking Your Way to Health**, contact the Physical Activity Development Team on 01484 234095.

