

Denby Dale Pathways to Health

Walk 2:

Birdsedge High Flatts Circular

50 mins approx



 Seating



Walk 2: Birdsedge High Flatts Circular

Duration: 50 mins.

Start point: Penistone Road to the side of the Junior School

Start on Penistone Road to the side of the Junior School next to the War memorial. Turn right along Penistone Road (towards High Flatts) then almost immediately right onto Birdsedge Lane. Turn left onto Spring Field Drive. Follow the road around to the right on to Highfield Avenue until you are back at Birdsedge Lane. Turn left and walk along Birdsedge Lane. Take care as there is no pavement. At the end of Birdsedge Lane turn left onto Broadstone Road. At the cross roads turn left onto Windmill Lane. When you get back to Penistone Road turn left and walk back towards Birdsedge, cross over Birdsedge Lane and back to the bench.

Surface quality - A: Smooth: tarmac

Gradient - 1: Gentle

For more information about **Walking Your Way to Health**, contact the Physical Activity Development Team on 01484 234095.



Supported by Denby Dale Area Committee