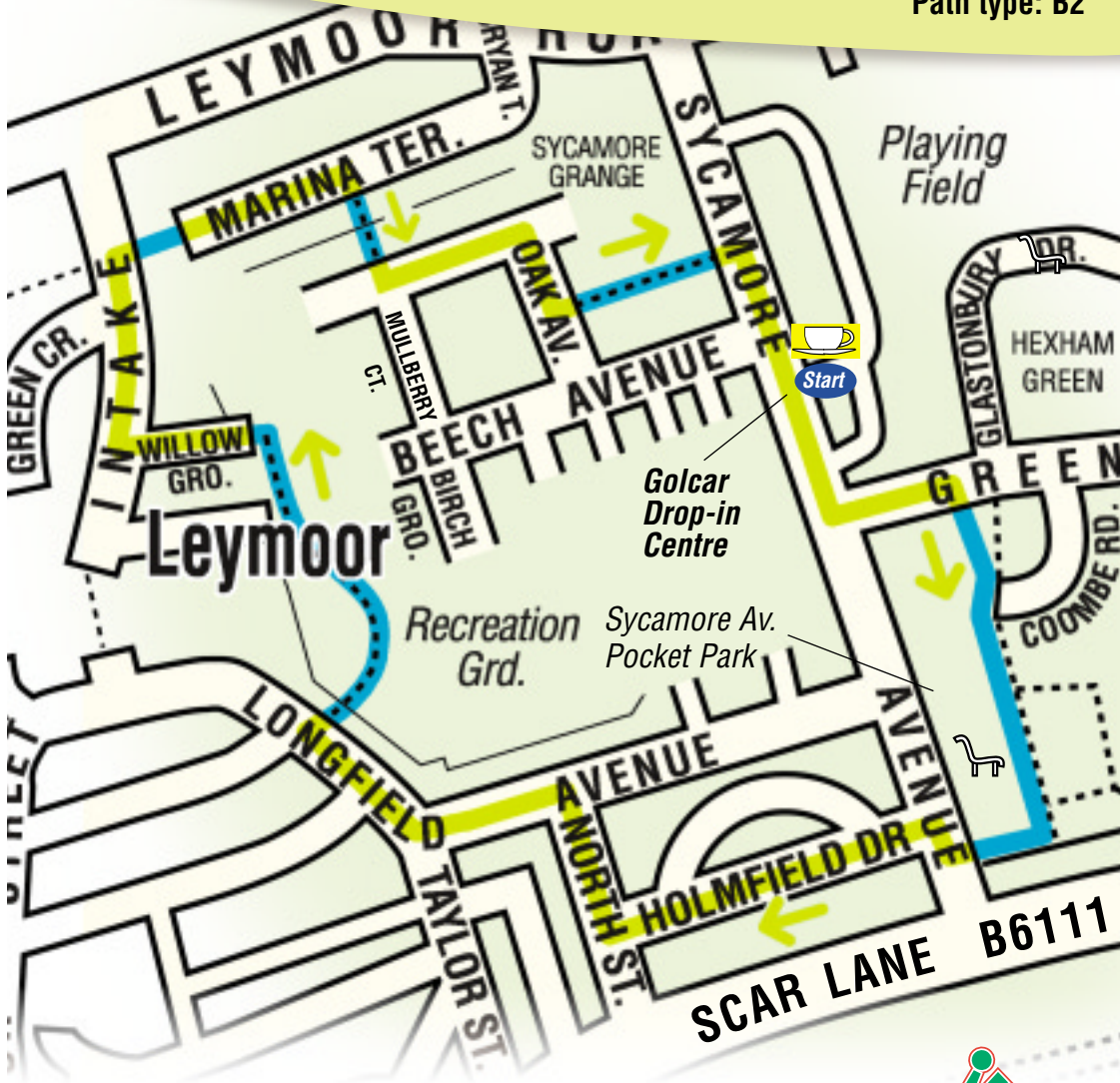


Golcar Pathways to Health

Walk 3: A Leymoor loop

(45 mins)
Path type: B2



Refreshments



Seating

Tarmac

Unsurfaced track

PRODUCED BY CULTURE & LEISURE SERVICES



March 2005

Walks 3: A Leymoor loop

Duration: 45 mins.

Golcar Drop-in Centre and Cafe, Sycamore Avenue, Leymoor

From the shops on Sycamore Avenue head down Greenway a short distance before turning right after Carlton House onto a small path by a metal fence. The path crosses the end of Coombe road and leads through a gate onto the site of some former allotments now a green space with picnic benches and exercise trail.

Follow the stone path left at the first junction, right at the next and then left heading for the gate leading onto a track behind a row of houses. Turn right onto this track and then right again onto Sycamore Avenue. Take the second left turning, following Longfield Avenue gradually uphill. At the T-junction turn right and then look out for a small path on the right after the last bungalow in the row.

Go along this path, passing the playground and then taking the second road on the left (Willow Grove). Turn right at the top of Willow Grove, following Intake along until the end of the row of newer houses on the right hand side is reached. Look for a black path on the right leading past an older house and onto Marina Terrace.

About half way along Marina Terrace take another path on the right by a concrete bollard, and on reaching the road turn left, walking slightly downhill to join the road behind Sycamore Grange. Continue along the road and just before the Bungalows on the left side take the narrow paved path that crosses a grassy area to emerge onto Sycamore Avenue once again. Turn right to return to the shops at the start of the walk.

Path type refers to the letter and number in the top corner of each walk card. This describes the most difficult part of the walk in dry weather. The rest of the walk will be easier.

Surface quality B: Quite smooth: Short even grass, compact stones, earth or similar

Gradient 3: Quite gentle: Up to 1:16

For more information about **Walking Your Way to Health**, contact the Physical Activity Development Team on 01484 234095.



Kirklees
METROPOLITAN COUNCIL

