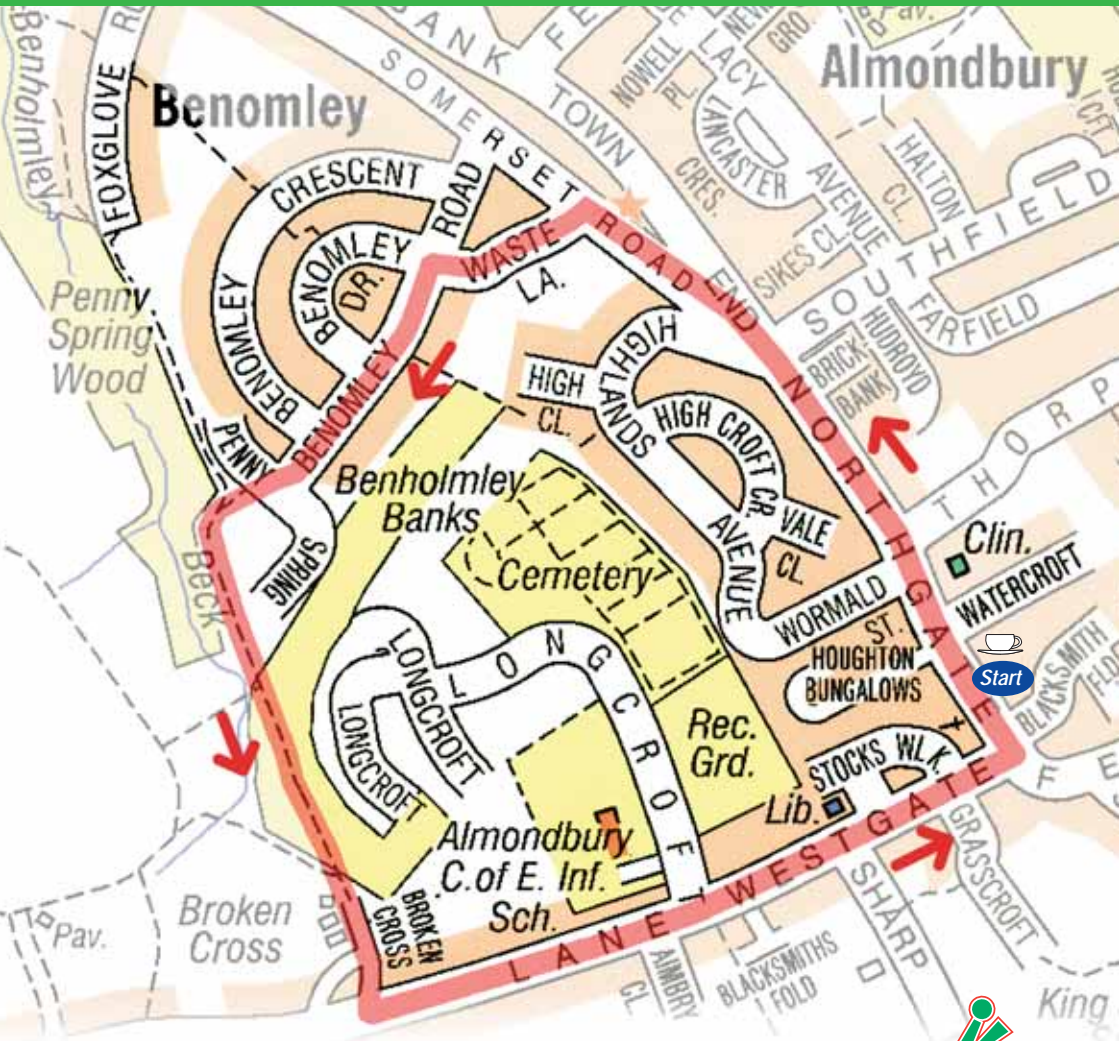


Almondbury Pathways to Health

Walk 4: Penny Spring Wood & Broken Cross

60 mins approx

Path type: C3



 Refreshments



Walk 4: Penny Spring Wood & Broken Cross

Duration: 60 mins approx.

Start point: Ambry's Café, Northgate.

Start by walking along Northgate towards Somerset Road. Upon reaching Somerset Road continue downhill and after approximately 150 metres look for a footpath sign on the left next to some newly built apartments. Follow this footpath, shown on the map as Waste Lane, as it curves gradually round to the right and meets Benomley Road.

Turn left onto Benomley Road and continue slightly uphill, heading straight on past a "No Through Road" sign. At the T-junction turn right and then immediately look for a broad tarmac footpath signed between houses on the left. Upon reaching a T-junction of paths turn left to continue slightly uphill with houses on your left and Penny Spring Wood on your right. Take care as this path may become muddy and slippery in wet conditions.

Pass through a stile as the path gradually emerges from the woods and crosses an open field. Continue straight ahead ignoring turnings to the left, passing through a second stile and up to the small collection of houses at Broken Cross. From here the path becomes wider and emerges onto Kaye Lane. At this point turn left and begin the walk back towards Almondbury centre.

Upon reaching the war memorial on the corner of Westgate and Northgate bear left and return to Ambry's Cafe in approximately 100 metres.

Path type: refers to the letter and number in the top corner of each walk card. This describes the most difficult part of the walk in dry weather. The rest of the walk will be easier.

Surface Quality - C: Uneven: Less compact stones, occasional ruts and stones

Gradient - 3: Fairly Steep: Up to 1:12

For more information about **Walking Your Way to Health**, contact the Physical Activity Development Team on 01484 234095.