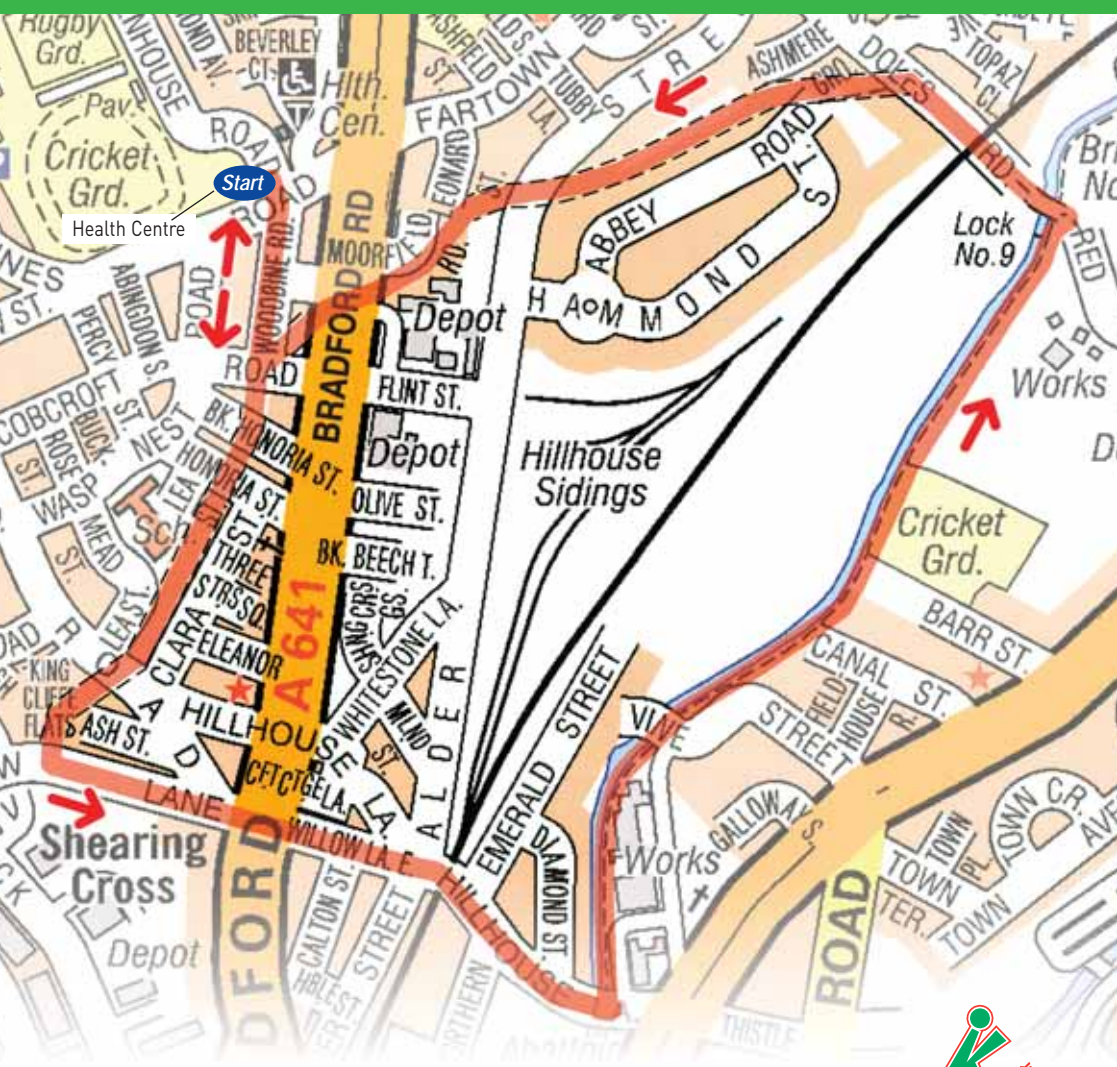


# Fartown Pathways to Health

## Walk 4: Greenway & canal

60 mins approx.

Path type: B2



## Walk 4: Greenway & canal

**Duration:** 60 mins approx.

**Start point:** The Health Centre, Spaines Road

Starting from the Health Centre cross Spaines Road and walk along Woodbine Road to the junction with Cobcroft Road. Cross Cobcroft Road and join the Birkby Bradley Greenway. The cycleway continues, passing under 3 bridges, eventually dog legging down to emerge onto Willow Lane.

From here turn left and walk along Willow Lane to the junction with Bradford Road. Carefully cross Bradford Road and continue along Willow Lane East passing under the railway bridge, where Willow Lane becomes Hillhouse Lane. At the point where Hillhouse Lane crosses the canal look for some steps on the right side of the road. At the bottom of the steps turn right, pass under the bridge and walk along the canal until lock No. 9 and a stone bridge is reached at Red Doles Road.

Cross the bridge and proceed along Red Doles Road, passing under the railway bridge once again and looking for the cycleway sign on the left. Follow the cycleway which passes through a grassy area and then under Bradford Road before meeting Cobcroft Road again. From this point turn right onto Woodbine Road and return to the Health Centre via the outward route.

**Path type:** refers to the letter and number in the top corner of each walk card. This describes the most difficult part of the walk in dry weather. The rest of the walk will be easier.

**Surface Quality - B: Quite Smooth: Short even grass, compact stones, earth or similar**

**Gradient - 2: Quite Gentle: Up to 1:16**

For more information about **Walking Your Way to Health**, contact the Physical Activity Development Team on 01484 234095.