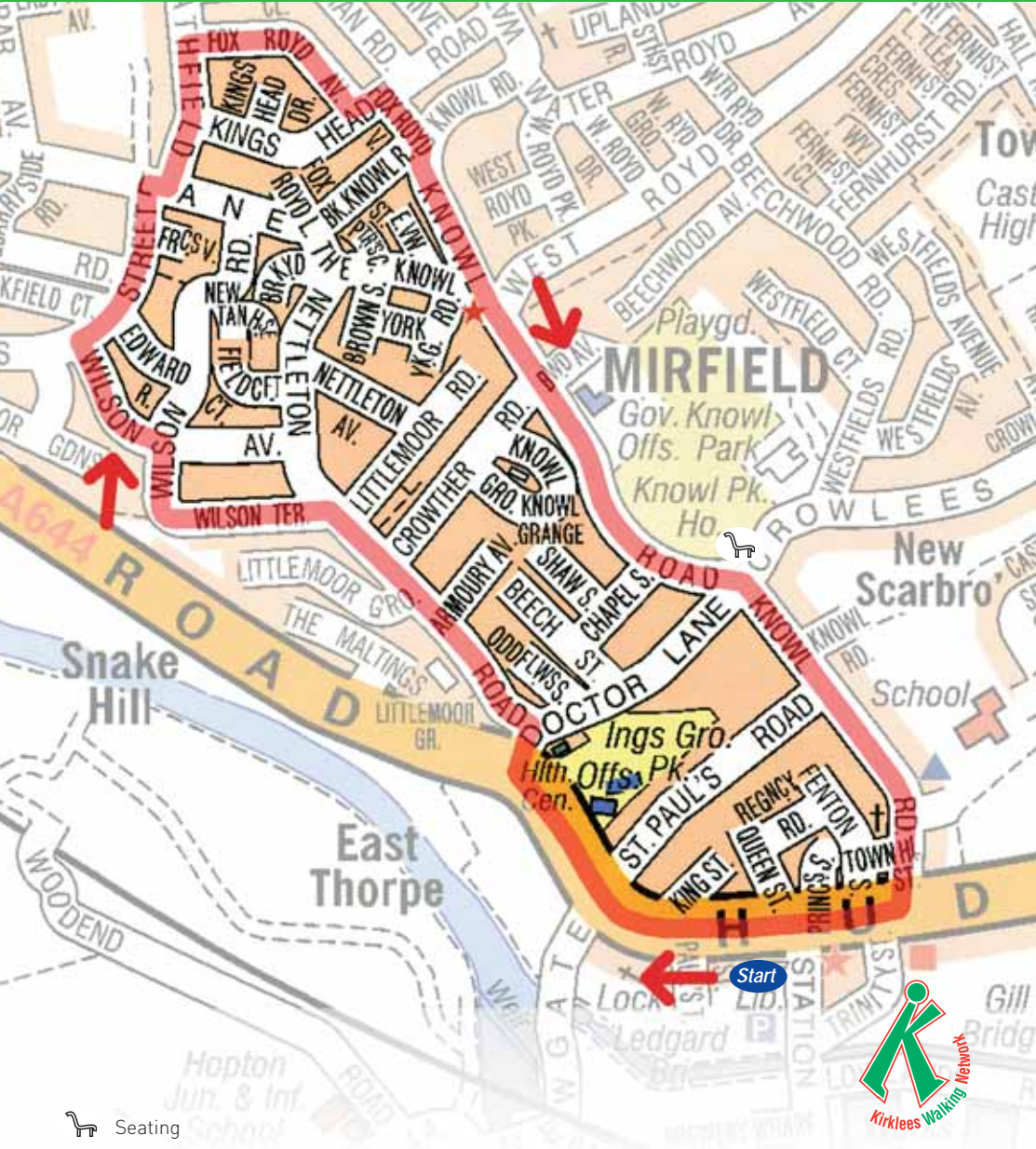



Mirfield Pathways to Health

Walk 3: Going West in Mirfield

45 mins approx



 Seating



Walk 3: Going West in Mirfield

Duration: 45 mins.

Start point: Mirfield library

Standing outside, with your back to the Library turn left along Huddersfield Road cross over to the other side at the pedestrian crossing. Walk past the Health Centre and the big bus stops and then turn right onto Doctor Lane and immediately left onto Nettleton Road. Turn left along Wilson Terrace and follow the road as it bends to the right. Turn left onto Wilson Avenue and at the end turn right onto Francis Street. At the end of Francis Street cross over Nab Lane and walk up Heathfield. Take the second right turn which is called Fox Royd Avenue then at the end turn left onto Kings Head Road then Immediately right onto Fox Royd View. Then turn right and cross over Back Knowl Road and walk down Knowl Road. At the bend is a park on your left, continue walking and at the junction with Doctor Lane and Crowlees Lane there is a bench if you need a rest. Carry on down Knowl Road and turn right onto Huddersfield Road and Walk back to the Library.

Surface quality - A/B: Smooth/quite smooth

Gradient - 2: Quite gentle

For more information about **Walking Your Way to Health**, contact the Physical Activity Development Team on 01484 234095.

