

Wakefield District Health Walks

20

Crofton

Slipper Pub to Anglers Lakes



Allow 1 hour



A easy, circular walk, mainly on roadside pavement and good footpaths with some fieldside grass walking.



3.2 km / 2 miles



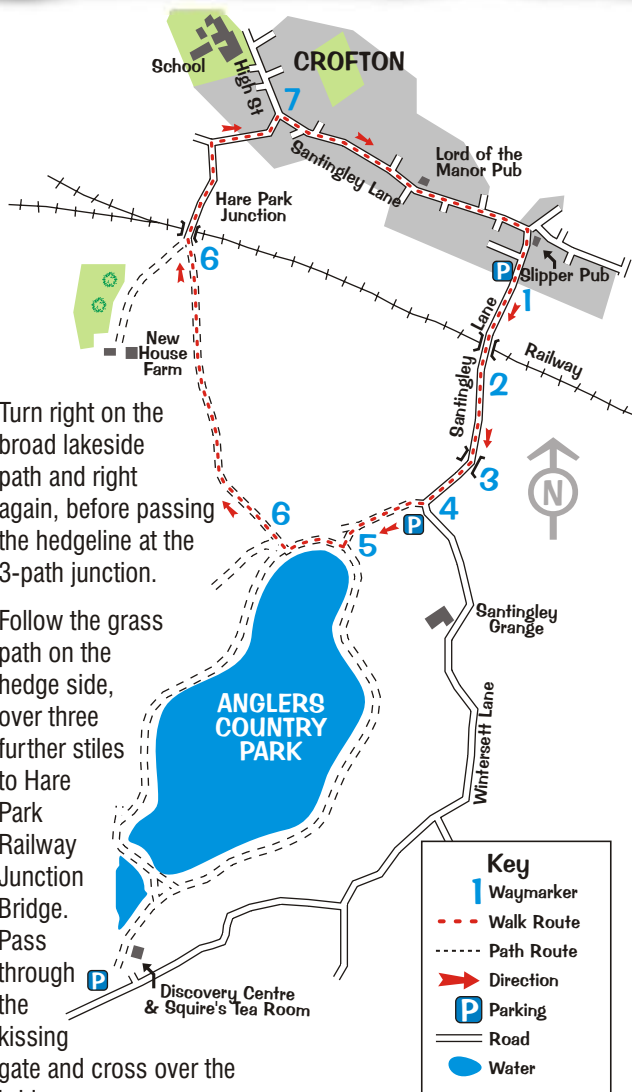
Services **195, 196** and **197** run from Wakefield Bus Station (Stand 12) to New Crofton.

- 1** The walk begins at the Slipper Pub. Roadside parking is available near the allotments. Walk down the hill and cross over the railway bridge.
- 2** Keeping to the left hand side follow roadside dirt path between hedge and fence past the Moorhouse Opencast Coal Site.
- 3** At the second bridge cross to the right hand side of the road and walk the roadside (no pavement for 200m) to the small car park.
- 4** Turn right onto a well marked footpath and walk up the hill, over a 'V' shaped stile to the Anglers Lake.

- 5** Turn right on the broad lakeside path and right again, before passing the hedgeline at the 3-path junction.
- 6** Follow the grass path on the hedge side, over three further stiles to Hare Park Railway Junction Bridge. Pass through the kissing gate and cross over the bridge.

- 7** Walk up the road to the junction of High Street and

Santingley Lane. Turn right and follow the road back to the Slipper Pub.



Health Notes

Try to walk for 30 minutes every day

Remember walking can:



Make you feel good



Keep your heart strong



Give you more energy



Reduce blood pressure



Help you sleep better



Help manage your weight



Help you reduce stress



Improve your life expectancy

Notes



> The Lord of the Manor Pub was originally the home of Sir Titus Salt.

> Anglers Country Park was created on the site of opencast coal mining.

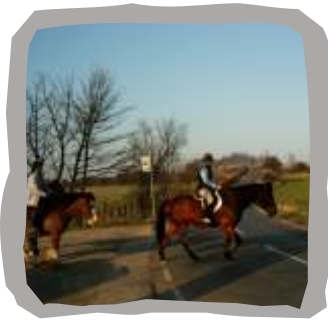
> The full circuit of the lake is 2.6km (1.6 miles).

Wakefield Healthy Transport Project is working to encourage people to carry out more of their journeys on foot or by cycle to improve the environment and their health.

 Tel: 01924 306089

 Metroline: 0113 245 76 76
Web: www.wymetro.com

Car Park & Footpath
(See Waymarker 4)



Anglers Lake
(See Waymarker 5)



Anglers Stile
(See Waymarker 5 & 6)



Slipper Pub
(See Waymarker 1)



IUVENCUS
Walks Designers






City of Wakefield Metropolitan District Council