

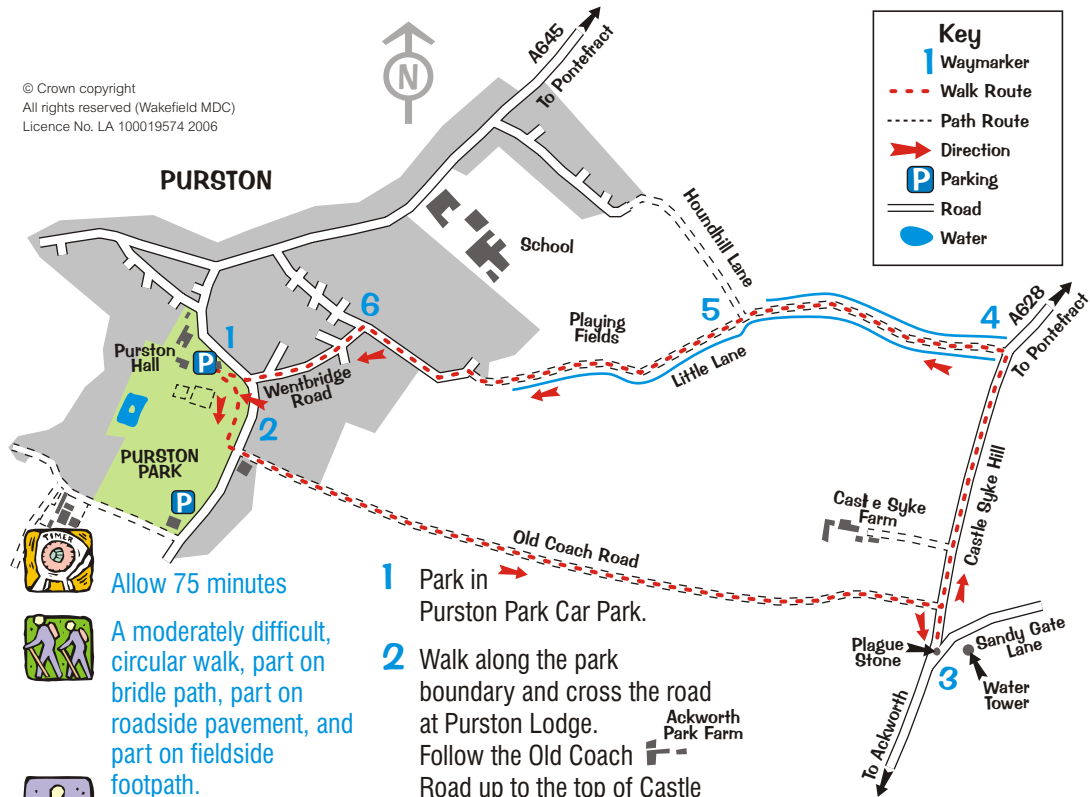
# Wakefield District Health Walks

# 27

# Featherstone

## Purston Park to Castle Syke Hill

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Allow 75 minutes



A moderately difficult, circular walk, part on bridle path, part on roadside pavement, and part on fieldside footpath.



4.5 km / 2.8 miles



Services **144, 146** and **177** (Castleford to Pontefract) and services **180** and **181** (Normanton circulars) operate via Station Lane. Services **145, 149** and **150** operate along Wakefield Road between Wakefield and Pontefract.

- 1** Park in → Purston Park Car Park.
- 2** Walk along the park boundary and cross the road at Purston Lodge. Follow the Old Coach Road up to the top of Castle Syke Hill - fine panoramic views in all directions.
- 3** Emerge onto Pontefract Road (A628), turn right and walk a short distance to the Water Tower - here you will find the famous Ackworth Plague Stone. Retrace your steps to the end of Coach Road and walk on the roadside pavement to the bottom of Castle Syke Hill.

- 4** Turn left onto a fieldside footpath (Little Lane) and walk to the junction with Houndhill Lane.
- 5** Continue walking forward on Little Lane (path becomes narrower and at times quite overgrown). A stone path is evident in places. The Path eventually joins Leatham Park Road.

P.T.O

## 5 - continued

Turn left and follow this road to the junction with Wentbridge Road.



Purston Lodge  
(See Waymarker 2)



Water Tower  
& Plague Stone  
(See Waymarker 3)



Little Lane -  
Houndhill Lane Junction  
(See Waymarker 4)



Little Lane End  
(See Waymarker 5)

IUVENCUS  
Walks Designers



# Health Notes

Try to walk for 30 minutes every day

**Remember walking can:**



Make you feel good



Give you more energy



Help you sleep better



Help you reduce stress



Keep your heart strong



Reduce blood pressure



Help manage your weight



Improve your life expectancy

Wakefield Healthy Transport Project is working to encourage people to carry out more of their journeys on foot or by cycle to improve the environment and their health.

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