



Large Red Damselfly



Bog Asphodel



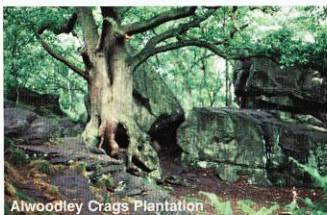
Bell Heather



Adel Woods



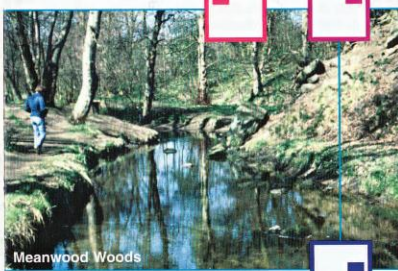
Noctule Bat



Alwoodley Crags Plantation

For more information please contact:
Parks & Countryside:
 (0113) 2323069
Public Rights of Way
 (0113) 2329422
Meanwood Ranger:
 (0113) 2782951
Golden Acre Park:
 (0113) 2610374

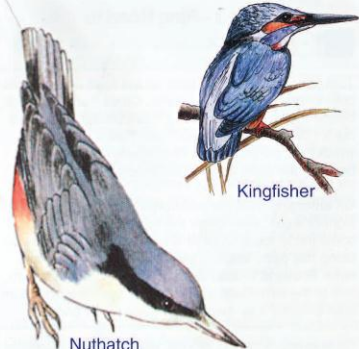
Meanwood
Valley Trail



Meanwood Woods



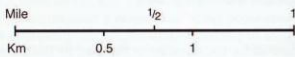
Supported by:
 LEEDS CITY COUNCIL
 LEISURE SERVICES



Nuthatch

Kingfisher

- Trail Route
- Picnic Areas
- Car Parks
- Toilets
- Parks and Countryside



The trail is 7 miles long from start to finish.

Stage 3 - Ring Road to Stairfoot Lane

Section 7: Turn left and cross the road. Follow it almost to the Ring Road. There is a footpath on the right which eventually runs to a tunnel under the Ring Road. Coming out of this, turn right up some steps and follow the path with the Beck on your right, entering Scotland Woods. Turn right to cross the Beck over the stone remains of Scotland Mill's dam. (Note: as an alternative, at the junction to turn right, you could keep left and simply follow the high route until reaching the Seven Arches Aqueduct)

Section 8: Once over the beck turn right for approx 100 metres uphill to reach a wide track and turn left to follow the high path through the woods. Pass under the Seven Arches Aqueduct (built 1840, but disused) and bear right through Adel Woods keeping to the higher path with the beck (now Adel Beck) to your left.



Adel Crag

Section 9: There is a carved water spout known as the "Slabbering Baby" on the right. It probably dates from the mid-1800s. Just after this, cross a second beck and go up a slope with a small pond on the left and immediately beyond this follow a (waymarked) path bearing to the right which leads to a car park off Stairfoot Lane (keep an eye out for the waymarker arrows that are painted on trees/rocks to indicate the correct way). (Another slight detour: follow the main path from the car park about 100 m into the woods then a path on the left another 100 m leads to large stones known as Adel Crag.)