

The Hambleton Strollers 'Jubilee walks' have been designed for anyone who finds walking on rough ground a challenge. They can be walked as a whole or in smaller sections depending on the time available - and how far you are able to walk. There are routes for Northallerton, Thirsk and Sowerby, Bedale and Aiskew, Easingwold, Great Ayton and Stokesley.

The majority of the Northallerton and Romanby walk is on pavements and paths with just a small amount of rough ground around the Leisure Centre, where there are still paths. There are no stiles. The route is wheelchair friendly although you will have to go slightly off course to find dropped kerbs.

The walk takes in the outskirts of Northallerton and Romanby. The walk sets off at the usual starting points for Northallerton Strollers walks - the Leisure Centre, Tourist Information Centre (TIC), Hambleton Forum and GP surgeries - but you could start anywhere along the route.

All distances given are approximate and the whole walk - of six miles is a circular route. It could be broken down into smaller circular walks. The red northern loop from the Leisure Centre, TIC or Hambleton Forum is 2.7 miles; the purple southern loop from the TIC or GP surgeries 2.9 miles and the blue east loop from the Hambleton Forum, TIC or Mowbray House Surgery 2.6 miles.

Walking risks are as usual - crossing roads, overhanging trees, uneven pavements, uneven ground and walking/cycle lanes. And take care when crossing the road near Romanby Bridge where visibility for oncoming traffic is reduced. Other than that the only thing to watch out for are the usual 'deposits' left on pavements.

We hope you enjoy the walk - if you are new to the area you will get a good feel for the place.

If you live here you will find some paths you did not know existed. It might even help you decide where you would like to live!

Hambleton Strollers is an accredited Walking for Health scheme, running short risk assessed, volunteer leader led walks around the market towns of Hambleton. The scheme encourages people to take up walking or help those returning to walking after illness or injury. To take part you should be able to walk for at least half an hour. We never leave anyone behind and the walks usually end with a refreshment stop - coffee, tea and a chat! The walks are no more than an hour - and everyone is welcome.

Pick up a leaflet from your doctors surgery, local library, council offices or tourist information centres; call 01609 771624; or check out [www.walkingforhealth.org.uk](http://www.walkingforhealth.org.uk)

If you are a stronger walker we can put you in touch with other groups who walk for longer and further.

Volunteer walk leaders to help run our walks are always needed - call Paul Fisher on 01609 771624. Full training will be given.

### **Parking**

Hambleton Leisure Centre - free

Applegarth - paid

Hambleton Forum - paid parking up to 4 hours  
Mayford House Surgery (Boroughbridge Road) - free

### **Toilets**

Northallerton Town Hall, Tesco, Sainburys, Hambleton Forum and Hambleton Leisure Centre

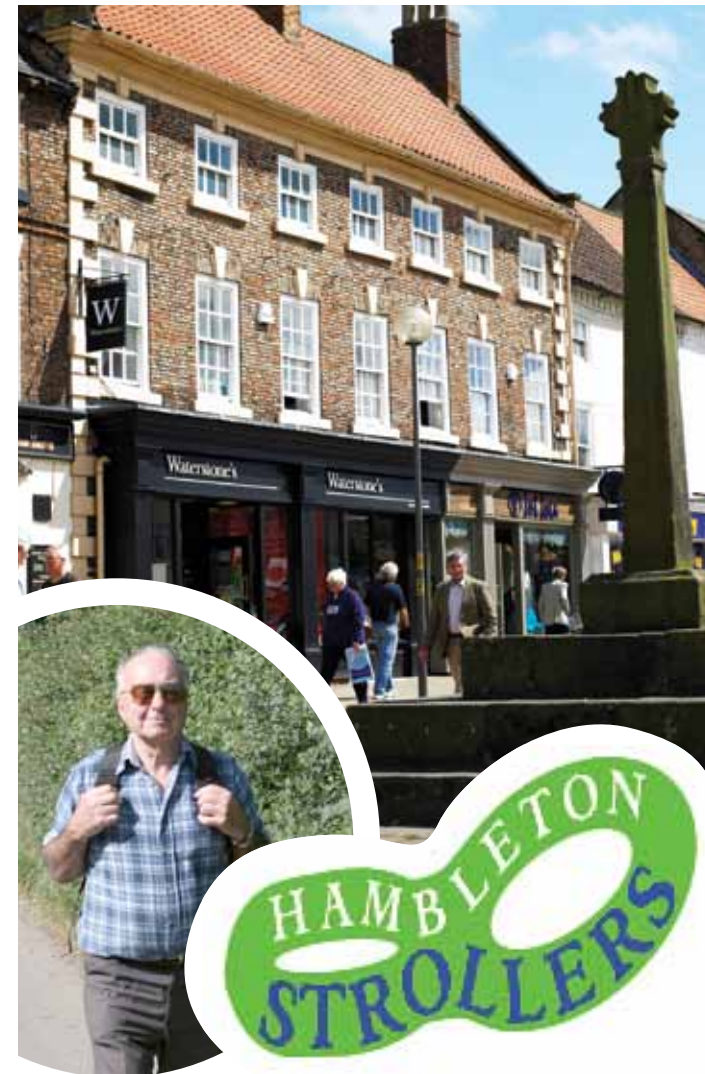
### **Refreshments**

Town centre

**Enjoy your walk!**

## **Northallerton and Romanby**

# **JUBILEE WALK**



# KEY

- † Church
- D Doctors
- F Forum
- P Parking
- T Toilet
- i Tourist Information Centre
- Red Route
- Blue Route
- Purple Route

