

Wakefield District Health Walks

24

Featherstone Library to Old Town Hall



Allow 35 minutes



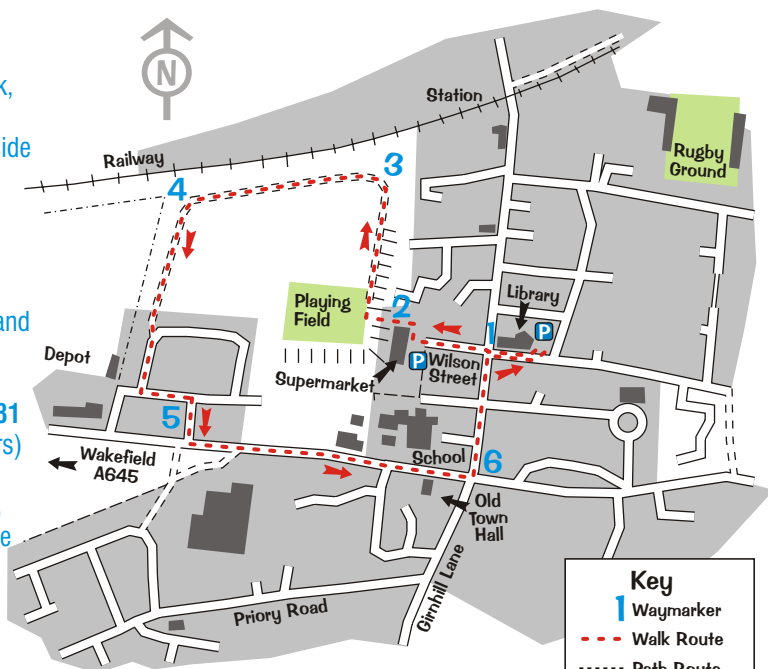
A easy, circular walk, mainly on good footpaths and roadside pavement



1.6 km / 1 mile



Services **144, 146** and **177** (Castleford to Pontefract) and services **180** and **181** (Normanton circulars) operate via Station Lane. Services **145, 149** and **150** operate along Wakefield Road between Wakefield and Pontefract.



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Key

- 1** Waymarker
- Walk Route
- Path Route
- ➔ Direction
- P** Parking
- Road

- 1** Start at Featherstone Library - parking available. Cross Station Lane and walk down Wilson Street to the supermarket.
- 2** Walk down the right hand side of supermarket. Pass through a steel door in a brick boundary wall and up a set of concrete steps onto a grassed playing field.

Bear right and walk over the top of the grassed hill as far as the railway fence.

- 3** Turn left and walk parallel to the railway along a grass path as far as the security fence of a Transport Depot.
- 4** Turn left and walk down a gentle, grassy slope towards the main road.

- 5** Cross over Wakefield Road, turn left and walk on the roadside pavement to the Old Town Hall, pause and examine the large four-panel mural depicting the history of Featherstone.
- 6** Cross back over Wakefield Road into Station Lane and return to the Library.

Health Notes

Try to walk for 30 minutes every day

Remember walking can:



Make you feel good



Keep your heart strong



Give you more energy



Reduce blood pressure



Help you sleep better



Help manage your weight



Help you reduce stress



Improve your life expectancy

Notes



> Much of the walk takes place on land reclaimed from old mine tips.

Wakefield Healthy Transport Project is working to encourage people to carry out more of their journeys on foot or by cycle to improve the environment and their health.

 Tel: 01924 306089

 Metroline: 0113 245 76 76
Web: www.wymetro.com



View down Wilson Street
(See Waymarker 1)



Supermarket steps
(See Waymarker 2)



Town Hall Mural
(See Waymarker 6)



Old Town Hall
(See Waymarker 6)

IUVENCUS
Walks Designers






City of Wakefield Metropolitan District Council