

## Wakefield District Health Walks

# 26

## Featherstone Library to Purston Park



Allow 45 minutes



A easy, circular walk, mainly on good footpaths and roadside pavement



2.4 km / 1.5 miles



Services **144, 146** and **177** (Castleford to Pontefract) and services **180** and **181** (Normanton circulars) operate via Station Lane. Services **145, 149** and **150** operate along Wakefield Road between Wakefield and Pontefract.

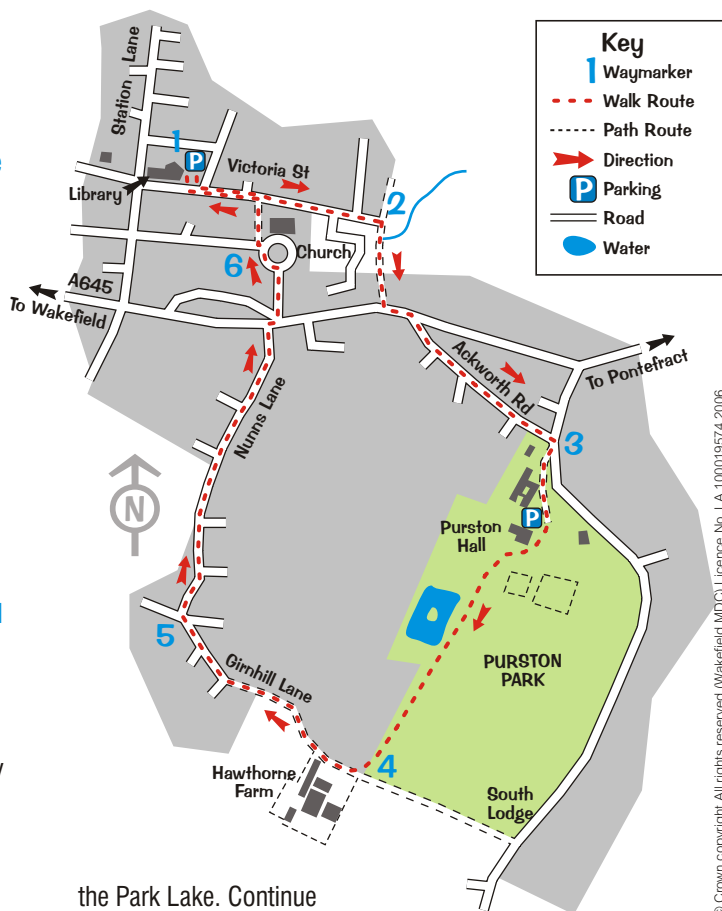
- 1 Start at Featherstone Library - parking available. Turn left out of the car park and walk to the end of Victoria Street.
- 2 Turn right and walk on a wide tarmac path to Pontefract Road. Cross over this road at the Pelican Crossing, bear left and then right into Ackworth Road.
- 3 At the entrance to Purston Park turn right and walk past Ferndale and Purston Hall to

the Park Lake. Continue walking past the sports fields.

- 4 Emerge onto Girnhill Lane and turn right. Follow this lane to the junction with Nunns Lane.
- 5 Turn right and walk the length of Nunns Lane.

Cross over Wakefield Road and continue to St Thomas Church.

- 6 Pass along the narrow alley to the left of the church. Turn left into Victoria Street and complete the walk by returning to the Library.





Entrance to Purston Park  
(See Waymarker 3)



Park Lake  
(See Waymarker 3)



Girnhill Lane at Hawthorne Farm  
(See Waymarker 4)



St Thomas Church  
(See Waymarker 5)

IUVENCUS  
Walks Designers



**wakefield**  
City of Wakefield Metropolitan District Council



# Health Notes

Try to walk for 30 minutes every day

**Remember walking can:**



Make you feel good



Give you more energy



Help you sleep better



Help you reduce stress



Keep your heart strong



Reduce blood pressure



Help manage your weight



Improve your life expectancy

Wakefield Healthy Transport Project is working to encourage people to carry out more of their journeys on foot or by cycle to improve the environment and their health.

**i** Tel: 01924 306089



Metroline: 0113 245 76 76

METRO

Web: [www.wymetro.com](http://www.wymetro.com)