

Wakefield District Health Walks

32

Ferrybridge

Medical Centre to Brotherton Church



Allow 60 minutes



A moderately difficult walk mainly on good all-weather footpaths together with some field walking. Climbing of stiles is involved.

Take care where the path passes close to the river.



4.2 km / 2.6 miles



Services 149, 150, 411, 414, 476, 487, 488, 492 and 493 all operate from Pontefract Bus Station to Fishergate in Ferrybridge. Service 168 operates from Leeds and Castleford.

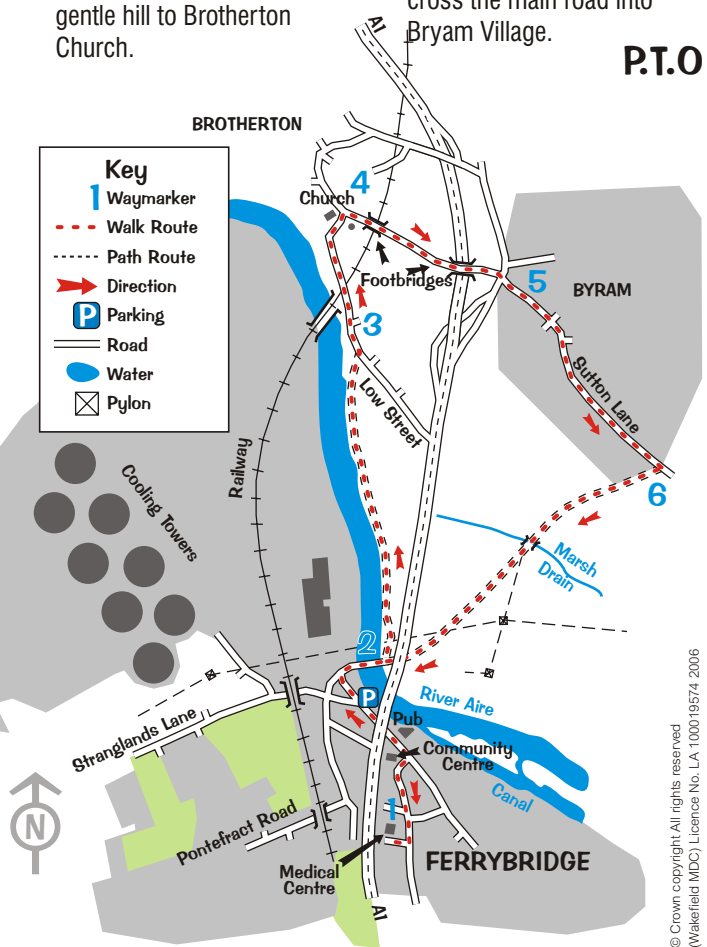
- 2 Follow the footpath sign to the left and walk down to the riverside green path. As the path swings away from the river climb over two wooden stiles and onto Low Street.
- 3 Keep left and walk up a gentle hill to Brotherton Church.
- 4 Opposite the Church gate cross the road and walk ahead on a tarmac path past the War Memorial and through the graveyard. Cross over two footbridges (railway and A1 road) and cross the main road into Bryam Village.

P.T.O

- 1 Start outside the Medical Centre, Beauforth House, walk towards the main street (away from the underpass) and turn left into the High Street. Continue past the parade of shops and the Community Centre, turn left heading towards the road viaduct, cross the main road and continue past the Golden Lion Pub on your right. Walk over the old stone bridge designed by John Carr.

Key

- 1 Waymarker
- - - Walk Route
- ... Path Route
- Direction
- P Parking
- Road
- Water
- ⊠ Pylon



5 Walk into Sutton Lane. Keep to the right hand roadside footpath to the end of the houses. Turn right and follow a narrow, downhill

footpath across open fields, over the Marsh Drainage Ditch and then walk under the Viaduct and over the old stone bridge back to the start point.

Ferrybridge Community Centre
(See Waymarker 1)

Riverside Path
(See Waymarker 2)

Brotherton Church
(See Waymarker 3)

Graveyard Path
(See Waymarker 4)

Health Notes

Try to walk for 30 minutes every day

Remember walking can:



Make you feel good



Keep your heart strong



Give you more energy



Reduce blood pressure



Help you sleep better



Help manage your weight



Help you reduce stress



Improve your life expectancy

Points Of Interest



> Refreshments and toilets at the Golden Lion Pub by the riverside.

> The old stone bridge and Toll Bridge House are interesting features of the area.

> Examine the Bryam cum Sutton stone which was erected to celebrate the Millennium.



Wakefield Healthy Transport Project is working to encourage people to carry out more of their journeys on foot or by cycle to improve the environment and their health.

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