

Wakefield District Health Walks

14

Normanton

Town Hall to Church Street Park

Distance

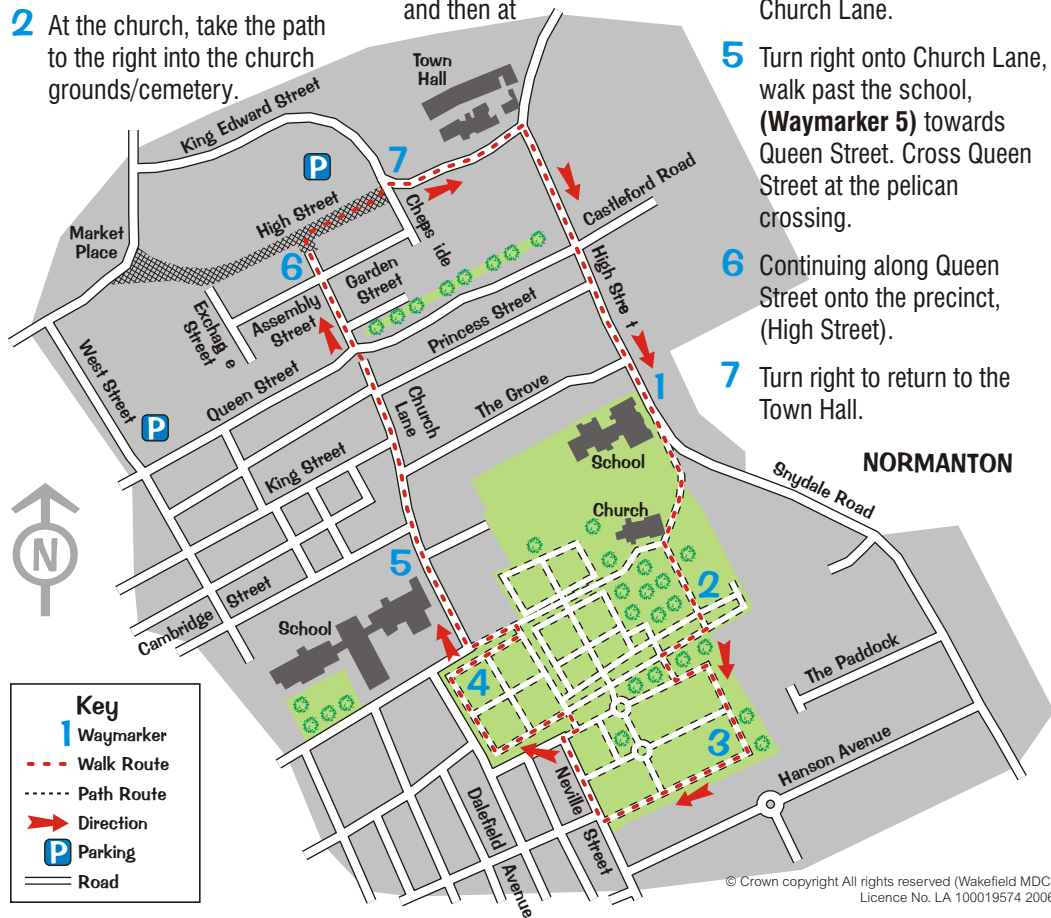
1.93 km / 1.2 miles

- 1 From Town Hall entrance, cross over the road towards the Police Station. Cross over Queen Street/Castleford Road at the crossing and walk down Snyderdale Road.
- 2 At the church, take the path to the right into the church grounds/cemetery.

- The walk follows the perimeter path around the cemetery. Walking away from the church, note the memorial garden on the left (**Waymarker 2**), walk towards the houses.
- 3 Here the path bears right, and then at

the seating area, (**Waymarker 3**) bear left towards the Neville Street entrance.

- 4 Walk past the two outbuildings/garage to follow the path alongside the brick wall. Exit the cemetery at Church Lane.
- 5 Turn right onto Church Lane, walk past the school, (**Waymarker 5**) towards Queen Street. Cross Queen Street at the pelican crossing.
- 6 Continuing along Queen Street onto the precinct, (High Street).
- 7 Turn right to return to the Town Hall.





Cemetery entrance
(See Waymarker 1)



Memorial garden
(See Waymarker 2)



Seating area
(See Waymarker 3)



Normanton CE
First School
(See Waymarker 5)

Health Notes

Try to walk for 30 minutes every day

Remember walking can:



Make you feel good



Give you more energy



Help you sleep better



Help you reduce stress



Keep your heart strong



Reduce blood pressure



Help manage your weight



Improve your life expectancy

Wakefield Healthy Transport Project is working to encourage people to carry out more of their journeys on foot or by cycle to improve the environment and their health.

