

Wakefield District Health Walks

15

Ossett

Circular walk via Healey Old Mills



Allow 60-70 minutes



A easy circular walk, mainly on roadside pavement and green footpaths alongside field edges. Some stiles will be encountered.

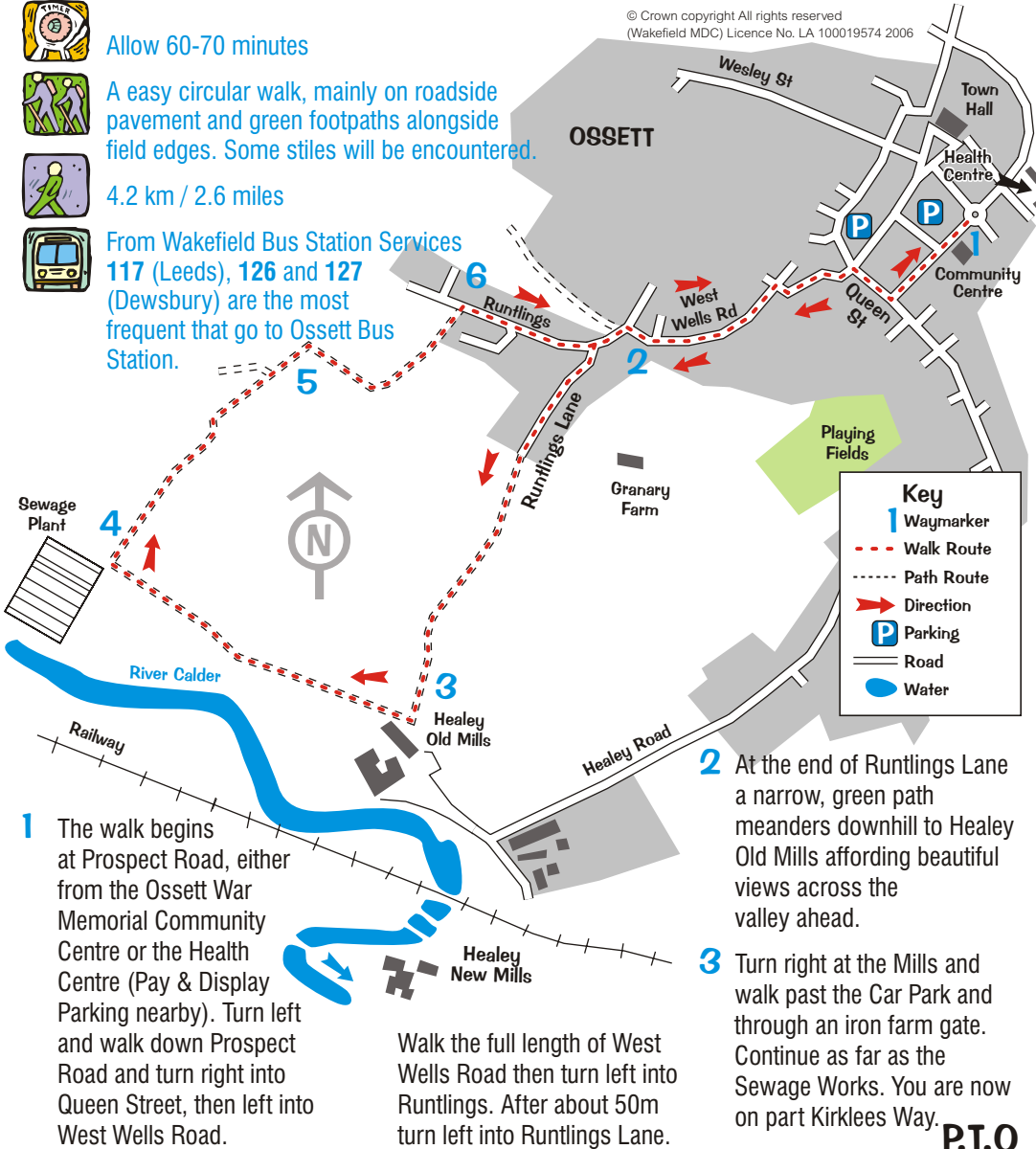


4.2 km / 2.6 miles



From Wakefield Bus Station Services 117 (Leeds), 126 and 127 (Dewsbury) are the most frequent that go to Ossett Bus Station.

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1 The walk begins at Prospect Road, either from the Ossett War Memorial Community Centre or the Health Centre (Pay & Display Parking nearby). Turn left and walk down Prospect Road and turn right into Queen Street, then left into West Wells Road.

Walk the full length of West Wells Road then turn left into Runtlings. After about 50m turn left into Runtlings Lane.

2 At the end of Runtlings Lane a narrow, green path meanders downhill to Healey Old Mills affording beautiful views across the valley ahead.

3 Turn right at the Mills and walk past the Car Park and through an iron farm gate. Continue as far as the Sewage Works. You are now on part Kirklees Way.

P.T.O

4 Turn right and walk alongside a stone wall up gentle slopes. Continue until the path splits.

5 Keep walking ahead then bear right at a tree covered bank and follow a hedge until the path turns sharp left uphill.

Follow the narrow path past a high brick wall on your left until you emerge onto The Runtlings.

6 Turn right and proceed back to Prospect Road via West Wells Road.



Runtlings Lane
(See Waymarker 2)



Healey Old Mills Corner
(See Waymarker 3)



Path alongside hedge
(See Waymarker 5)



Path past works
(into Runtlings)
(See Waymarker 6)

LUVENCUS
Walks Designers



Health Notes

Try to walk for 30 minutes every day

Remember walking can:



Make you feel good



Keep your heart strong



Give you more energy



Reduce blood pressure



Help you sleep better



Help manage your weight



Help you reduce stress



Improve your life expectancy

Points Of Interest



> The old, rutted stone sets in part of West Wells Road - no doubt a remnant from the old Coaching days.

Wakefield Healthy Transport Project is working to encourage people to carry out more of their journeys on foot or by cycle to improve the environment and their health.

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