

## Wakefield District Health Walks

# 14

# Ossett

## Ossett, Town Centre to Pildacre Hill



Allow 45 minutes



A easy circular walk, mainly on pavement and good footpaths.

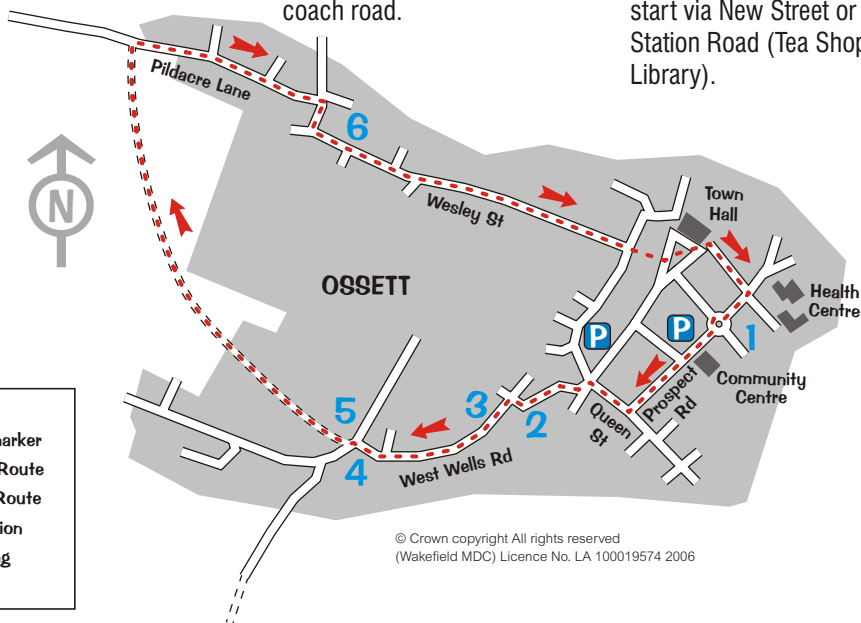


2.80 km / 1.8 miles



From Wakefield Bus Station Services 117 (Leeds), 126 and 127 (Dewsbury) are the most frequent that go to the Ossett Bus Station.

- 1 The walk begins at Prospect Road, either from the Ossett War Memorial Community Centre or the Health Centre (Pay & Display Parking nearby).
- 2 Turn left and walk down Prospect Road, then turn right into Queen Street. Follow the road as it sweeps gently to the left down a slight hill into West Wells Road.
- 3 At the junction of West Wells Road, Blue Butts and West Wells Crescent walk straight ahead down a section of old coach road.
- 4 At the end of the road bear slight left and pass through an iron gate on to a green path (Old Colliery Lane). Superb views across the valley.
- 5 Follow the path in a gentle right hand arc until it meets the main road on Pildacre Hill near a small park. Turn right and follow the road along Pildacre Lane and into Wesley Street.
- 6 Follow Wesley Street to the Town Centre. Explore the pedestrian area around the Town Hall and return to the start via New Street or Station Road (Tea Shop and Library).





Ossett Health Centre  
(See Waymarker 1)



Old Coach Road  
(See Waymarker 3)



Old Colliery Lane  
(See Waymarker 4)



Ossett Town Hall  
(See Waymarker 6)

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Walks Designers



# Health Notes

Try to walk for 30 minutes every day

## Remember walking can:



Make you feel good



Give you more energy



Help you sleep better



Help you reduce stress



Keep your heart strong



Reduce blood pressure



Help manage your weight



Improve your life expectancy

Wakefield Healthy Transport Project is working to encourage people to carry out more of their journeys on foot or by cycle to improve the environment and their health.

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